



Week Four

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cinnamon Sugar Wheat Toast Choice of Cold Cereal Choice of Fresh Fruit Juice and Milk	French Toast Sticks Choice of Cold Cereal Choice of Fresh Fruit Juice and Milk	Bagel with Jelly or Cream Cheese Choice of Cold Cereal Choice of Fresh Fruit Juice and Milk	Pancakes Choice of Cold Cereal Choice of Fresh Fruit Juice and Milk	Blueberry Mini Muffins Choice of Cold Cereal Choice of Fresh Fruit Juice and Milk
A.M. Snack	Wheat Thins Juice Water	Oyster Crackers Juice Water	Grahams Juice Water	Saltines With Cheese Juice Water	Raisin Granola Bar Juice Water
Lunch	Cheeseburger on Bun Baked French Fries Pineapple Bits Milk	Cheesy Chicken Crispitos Buttered Corn Diced Pears Milk	Mostacolli with Meat Sauce Sweet Peas Mandarin Oranges Milk	Salsbury Steak Wheat bread Glazed Carrots Diced Peaches Milk	Hot Grilled Cheese Sandwich Vegetable Beef Soup Fruit Salad Milk
P.M. Snack	Sandwich Cookie Milk	Pretzels Juice	Animal Crackers Milk	Oatmeal Cookie Milk	Chex Mix Juice